AFECO

EMPOWERING OLDER ADULTS TO APPLY AFFORDABLE ECO- AND AGE-FRIENDLY SOLUTIONS TO AGE IN PLACE

Newsletter #4 | December 2024

END OF A BUSY YEAR IN AFECO

As the year comes to a close, we are reflecting on all the activities we have undertaken in AFECO over the past months – what a busy and productive time it has been!

In this edition, we share updates on our recent consortium meeting, our progress in elaborating a learning programme, and our work on developing "The Learning Place" – an online platform designed to be as helpful as possible for older adults and their caregivers.

Through numerous co-creation sessions, we continue striving for improvement. We have also actively participated in conferences and events, broadening our reach and connections.

We are happy to report that our mid-term review went very well, offering a good acknowledgment that our efforts are on the right track.

Happy reading!

WHAT HAVE WE ACHIEVED SO FAR?

TRANSNATIONAL PROJECT MEETING (TPM) IN POLAND

In September 2024, the AFECO team met in Wroclaw, Poland, with the Wroclaw University of Environmental and Life Sciences hosting the event.

The meeting provided an opportunity to review the progress of the project and plan for upcoming developments, particularly the creation of a new learning programme and the digital learning place.

Significant progress has been made on developing the learning programme, with its content discussed in co-creation meetings held by each partner organisation in their respective countries. The TPM also provided a chance to discuss the next phases of the project, including the implementation of communication activities.

Do you want to know more about what happened?

Take a look at this video.

BUILDING THE PLATFORM AND...ALFI

Over the last few weeks, we have been working to implement the digital learning place, the open, user-friendly e-platform, designed to be inclusive and easily accessible, that will allow older adults, as well as carers, to learn and effectively apply eco and age friendly principles.

The digital learning place will present the AFECO learning programme, divided in nine modules and learning units.

Besides the learning programme, the digital learning place will also include Alfi, a virtual assistant, designed to interact with the users to help them navigate through the platform.

CO-CREATION SESSIONS

To ensure that the development of the Learning Place is on the right track and to make the platform as useful and engaging as possible, a new series of co-creation sessions has been conducted across all partner countries. These sessions involved approximately 90 older adults and over 50 professional caregivers. Feedback on the digital platform and ALFI was gathered and thoroughly analysed, resulting in the introduction of several modifications to better meet users' needs.

Read the full news here.

EPALE ARTICLE ON THE CONSEQUENCES OF UNAFFORDABLE AND INADEQUATE HOUSING

A new article is available on EPALE, in all languages, dedicated to the consequences of unaffordable and inadequate housing. The article has been written by AFECO coordinator, Wilhelmina Van Staalduinen (AFEdemy)

To read the full article, follow this link.

GERONTOLOGY DAYS

On October 11th, the International Scientific Conference Gerontology Days 2024 was held.

The conference was jointly organised by the Faculty of Health Sciences at the University of Debrecen and the Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, at the University of Malta.

Gerontology Days 2024

Both Wilhelmina Van Staalduinen (AFEdemy) and Paola Bello (SHINE) presented an abstract.

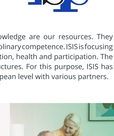
Willeke Van Staalduinen talked about the Reference Framework to implement Smart Healthy Age-Friendly Environments.

Paola Bello presented the AFECO project and shared insights from the Portuguese experience, highlighting the outcomes of the project and the consortium's outstanding efforts to engage older adults and their caregivers in the development of a learning programme dedicated to eco-and age-friendly principles.

Here more details on the conference and the full news.

SEMINAR AFECO AND FLOWER

An event for the AFECO Associated Partners took place on 27 November. The webinar "Empowering Older Adults with AFECO & FLOWER" aimed to provide an update on two inspiring Erasmus Plus projects: AFECO and FLOWER.



For AFECO, the team presented the work carried out on the learning programme and the Learning Place, the open, user-friendly e-platform we are building to provide both older adults and carers with the tools to learn and apply environmentally and age-friendly practices effectively.

For FLOWER, the Project coordinator presented the e-learning toolkit that has been developed dedicated to the topics of biodiversity or reminiscence, with a part dedicated to activities and learning.

Want to know more? Read the news and find the full meeting here.

WHAT'S ON THE HORIZON?

In the upcoming weeks, we will be working on the digital Learning Place, implementing all modules available in multiple languages.

Following this, a new validation phase will begin, involving learners (older adults and informal caregivers) as well as trainers.

The full release of the Learning Place is anticipated for Spring 2025 .

MEET THREE PARTNERS OF THE CONSORTIUM

In this number we introduce three partners!

SHINE 2Europe is a Portuguese SME. SHINE aims to promote inclusive communities to all citizens, by delivering research and support to the implementation of tech-Savvy, Healthy and INclusivE solutions (SHINE), with a clear vision of fostering societal growth and inclusiveness, by sharing good practices, promoting active networking between different stakeholders and countries and developing projects in areas deemed as essential to society, such as equality and inclusion, ethical behaviour and environmental responsibility.

Wroclaw University of Environmental and Life Sciences (UPWR) is one of the best specialist universities in Poland. UPWr has 16 Leading Research Teams which work on the development of their disciplines, conducting international research of crucial importance. One of these Leading Research Teams is focused on Sustainable Cities and Regions domain. Since 2009 the Open University of the Third Age operates at UPWr. The purpose of this unit is to develop and deepen the intellectual and psychophysical fitness and social activity of students, regardless of their education, professional status, and current employment.

Institut für Soziale Infrastruktur GmbH (ISIS) is a non-profit institute for applied social research and social planning. Established in 1991, ISIS is specialised in practice-oriented social science analyses as well as providing consulting services, developing social structures and transferring knowledge.

Our team members and their collective knowledge are our resources. They combine social sciences expertise and interdisciplinary competence. ISIS is focusing on the issues of age, discrimination, digitalisation, health and participation. The leading idea is to strengthen democratic structures. For this purpose, ISIS has also been working for many years at the European level with various partners.

STAY CONNECTED

Stay connected for the latest updates on AFECO by visiting our website.

Visit afeco.eu

WHO WE ARE

AFEdemy · ISRAA · ISIS · SHINE 2Europe · HAAGSE HOGESCHOOL · Wroclaw University of Environmental and Life Sciences

Co-funded by the European Union

Co-funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.