



EMPOWERING OLDER ADULTS TO APPLY AFFORDABLE
ECO- AND AGE-FRIENDLY SOLUTIONS TO AGE IN PLACE

Newsletter #3 | Jul 2024

BRIGHT DAYS ARE BACK – AND SO IT IS AFECO!

It has been a few months since the last AFECO newsletter, and so much has happened! As we get ready for some good weather and holidays, we want to share our latest news with you.

In this newsletter, you will read about the development of the curriculum, past and upcoming events, and new collaborations, and get to know better the AFECO consortium, two of the partners that make their introduction.

WHAT HAVE WE ACHIEVED SO FAR?

CO-CREATION SESSIONS FOR CURRICULUM DEVELOPMENT

One of the main activities of AFECO is to create a learning platform whose content, the “curriculum”, will help older adults learn and apply age- and eco-friendly principles in their homes and communities, in a practical and convenient way.

Therefore, it is very important to make sure that we are going in the right direction when developing the curriculum.

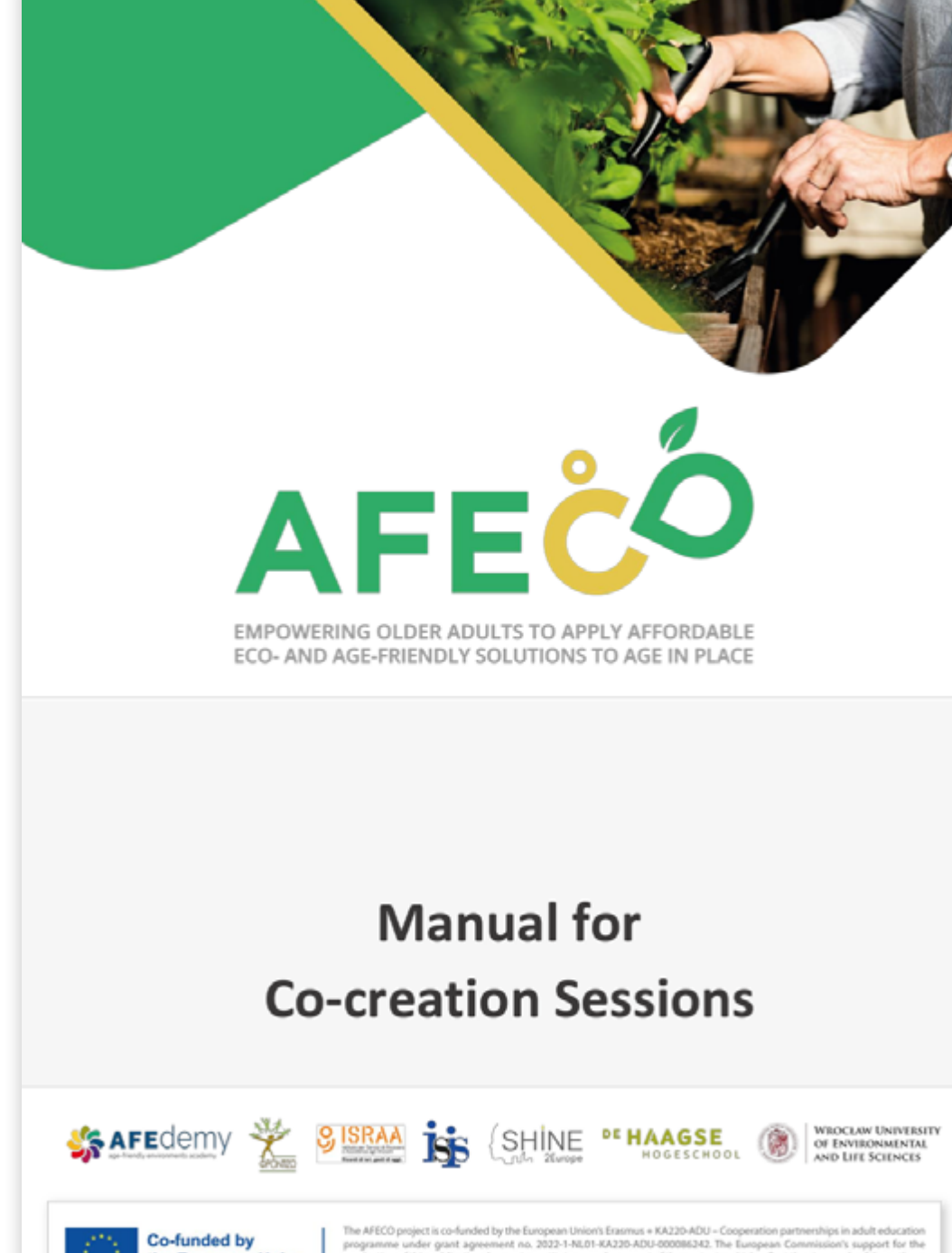
Guided by the co-creation sessions manual [[available here](#)], all partners organised a meeting with a group of older adults to present some of the modules of the curriculum and get their feedback.

These co-creation sessions were held both in person and online and in the national language of the partners, so that all participants could feel comfortable sharing their ideas.

“Is the module interesting? Is it clear? Did you learn something new? What do you feel is missing?” These are just some of the questions asked by the participants when shown the different modules of the curriculum.

Participants gave great feedback, commenting on the content, the style, the visuals and the overall learning experience.

Based on the results of this participatory activity, we will finalise the curriculum and start developing the learning platform.



THEY ARE TALKING ABOUT US...

AFECO was one of the projects featured at the [International Conference Building Sustainable and Participatory Environments](#), held on May 7th in Porto, in the roundtable dedicated to “Tackling discrimination through citizen empowerment”. The Conference brought together international experts from areas revolving around SHAFÉ – Smart Healthy Age-Friendly Environments – to keep societal priorities at the top of the political agenda by empowering ecosystems to promote independent living, green behaviours and inclusive practices, connecting all stakeholders to build sustainable and participatory environment.



AFECO is also growing its network, collaborating with other EU initiatives and projects. That’s the case of [OneAquaHealth](#), a project dedicated to improving the sustainability and integrity of freshwater ecosystems in urban environments.

OneAquaHealth included AFECO among their [main collaborations](#).

Are you curious about AFECO’s collaborations?

Take a look: afeco.eu/collaboration

WHAT’S ON THE HORIZON?

A new AFECO meeting is under preparation!

All partners will meet just a little after the summer break in Wrocław, Poland, to discuss the activities ahead.

Stay tuned to know more!



MEET TWO PARTNERS OF THE CONSORTIUM

Now it’s time for Italy and Greece!

I.S.R.A.A. is an Italian public provider of care for older adults based in Treviso, Veneto. Its mission is to provide older people who cannot or no longer wish to live in their own homes with a peaceful place to live, helping them to maintain as much autonomy as possible in their actions and choices.



The organisation’s commitment is inspired by this philosophy and translates, at an operational level, into caring for people by providing adequate responses to their needs, so that everyone can express their own habits, interests and choices, while respecting life within a community, in home care or in its nursing homes. I.S.R.A.A. has knowledge and experience in assisting seniors to remain as independent as possible according to their functional and cognitive specificities, by promoting positive feelings in an age-friendly environment, improving seniors’ self-efficacy and increasing their perception of quality of life.

FRODIZO is a nongovernmental, nonprofit corporation located in Patras - Greece providing social care services to older adults and disabled people for them to retain their maximum level of autonomy and well-being. The scope of FRODIZO is to promote active ageing, independent living and social inclusion of these target groups. FRODIZO’s personnel consist of professionals and scientists from different health and social care domains, including nurses, psychologists, social workers, gerontologists and physiotherapists. Also, the corporation disposes of a very wide network of collaborating social and health care organizations in West Greece periphery as well as National level.



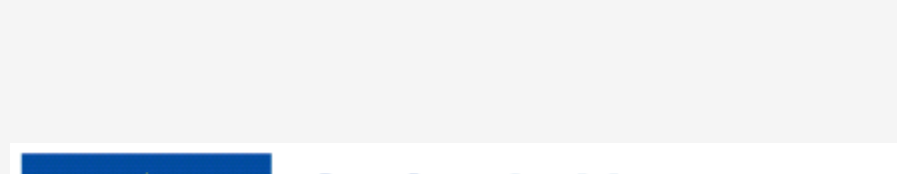
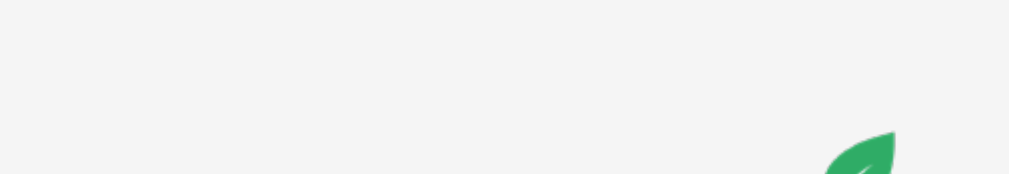
STAY CONNECTED

Stay connected for the latest updates on AFECO by visiting our website.

Visit afeco.eu



WHO WE ARE



Co-funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.